

## **Draft Active Harrow Physical Activity and Sports Strategy Review 2019**

Keeping active is important to maintain good health – it builds strength, supports development, concentration and good sleep in children and babies, it reduces your chances of long term conditions such as cancer, diabetes, cardiovascular disease, stress and joint and back pain in adults. But it does more than this – it is a reason for people to get together and have fun, it improves peoples quality of life and mood, it makes parks busy and popular, it creates a feeling of community and makes our residents feel safer and happier as a result. Ultimately it can help Harrow be a better place to live.

### **Harrows Physical Activity and Sports Strategy 2016-2020**

Our strategy was developed in 2016 and had the overarching goal *to support people who are not doing any activity into doing some and those doing some activity into doing more.* It was a carefully thought out plan to make keeping active easier and more widespread, with an emphasis on targeting inactive people.

Our groups most at risk of low or no levels of exercise were identified as:

- Low income and unemployed
- People living in deprived areas
- Women
- Older people
- People with mental health problems
- People with disabilities
- People with Long Term Conditions

There was a consultation through surveys and workshops and from this we gained further insight into the barriers people were experiencing locally to inform our plan.

Data in 2016 showed that 1 in 3 adults are inactive, 1 in 2 adults are not meeting minimum required level of physical activity guidelines set by Chief Medical Officer (CMO) and two thirds of adults are obese. Six out of ten of Harrow's inactive residents want to do more activity.

To challenge barriers to exercise and to meet the needs of our residents we set ourselves the following objectives:

1. *Reduce inactivity in priority groups by increasing awareness of the opportunities available and addressing the barriers to participation*
2. *Increase participation in sport in priority groups by improving the accessibility, range and quality opportunities for sport*
3. *Increase opportunities and awareness for Harrow Council staff and other employees in Harrow to be active*
4. *Improve the degree to which Harrow as a place supports residents to be active as a routine part of daily life*
5. *Work in partnership with stakeholders to make the best use of resources and attract new funding into the borough*

We worked against the following key outcomes:

- *More people will take up active travel, walk and cycle more*
- *More people access leisure services that are affordable*

- *More people will access parks, green spaces and growing areas*
- *More people from priority communities take up sport*
- *Harrow council to achieve London Healthy Workplace Charter level excellence by March 2017*

## **The governance of the Active Harrow**

A Strategic Active Harrow group was set up, made up of all the community groups and large providers of exercise in the borough and the group has worked together to deliver the strategy through an action plan named the Physical Activity and Sports dashboard. The group meet quarterly on themed agendas, along with the dashboard that is then reported to the Health and Wellbeing Being Board each year.

The Strategic Active Harrow group is attended by Young Harrow Foundation, London Sport, Voluntary Action Harrow and various Council departments – Public Health, Sport & Leisure, Community Engagement, School Standards and Effectiveness team and Transport.

The Active Harrow members (previously called Harrow CSPAN (Harrow Community Sport and Physical Activity Network) is made up of individuals from key organisations involved in the provision of sport and physical activity across Harrow. This group receives regular information from the Active Harrow Strategic Group and receives support on funding opportunities and capacity building from London Sport. . The members may be asked to give updates that contribute to the monitoring and supporting of the Active Harrow objectives.

Up until autumn 2018 the chair of the Strategic Active Harrow Group was Candice Bryan from Community Organisation Noire Wellness and thereafter the group agreed a rotating chair with themed agendas.

## **Harrow Physical Activity**

In February 2017 London Sport produced the Physical Activity and Sport Borough Profile for Harrow which looked at data from 2005 – 2015 for key areas such as Active Travel, Participation in Sports and Sports Facilities. The profile provides a summary of where Harrow is compared to both the regional and national average.

Overall the levels of participation in sport in the borough have shown improvement since 2005/06; however we still remain below the London average with the lowest participation in the female and white demographic groups. The rates of latent demand indicated that Harrow had opportunities to increase physical activity participation - where 53% of people indicated they would like to do more sport than they were currently doing<sup>1</sup>.

Prior to 2016 the physical activity of adults was measured by the Active People Survey and this was used in our strategy. From 2016 a new methodology was used called the Active Lives. Due to these two different approaches, data from before and after 2016 are not comparable. In Harrow, participation in sport or physical activity at least twice in the last 28 days has decreased between 2015/16 (75.7%) to 2017/18 (72.7%) and remains consistently similar to both the London (77.8%) and England rates (77.4%). Additionally, within the borough levels of inactivity in 2017/18, defined as less than 30 minutes a week, have risen from 26.8% to 30.2%, exceeding both the regional (24.1%) and national rates (25.2%)<sup>2</sup>.

<sup>1</sup> <https://data.londonsport.org/dataset/borough-physical-activity-and-sport-profiles> Harrow - Physical Activity and Sport Borough Profile (Sept 2016)

<sup>2</sup> Active Lives survey accessed at Sport England 2/5/19 - <https://activelives.sportengland.org/Result?queryId=19765>

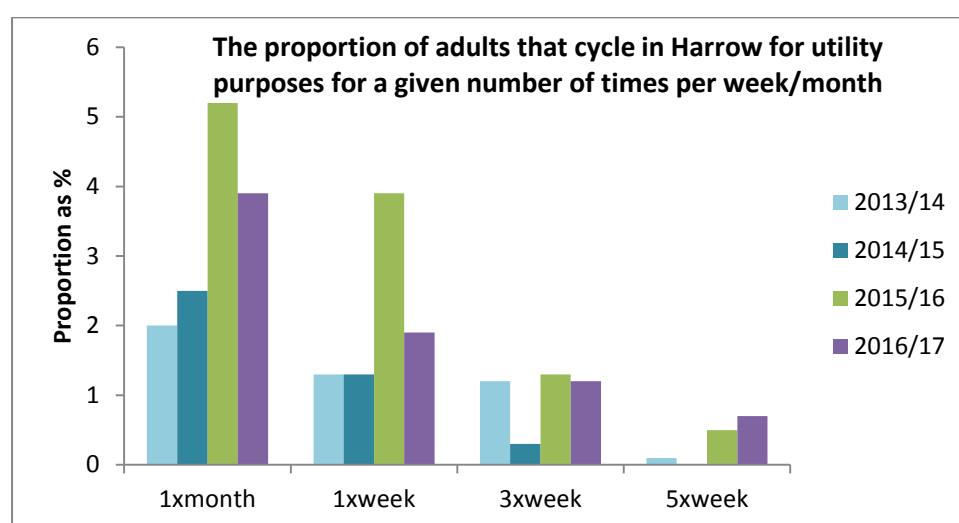
When considering levels of activity by gender between 2015/16 and 2017/18 in Harrow, levels of inactivity and therefore physical activity amongst females remain the same. However males have become more inactive with rates rising from 21% to 27.6%<sup>3</sup>.

### Harrow Active Travel

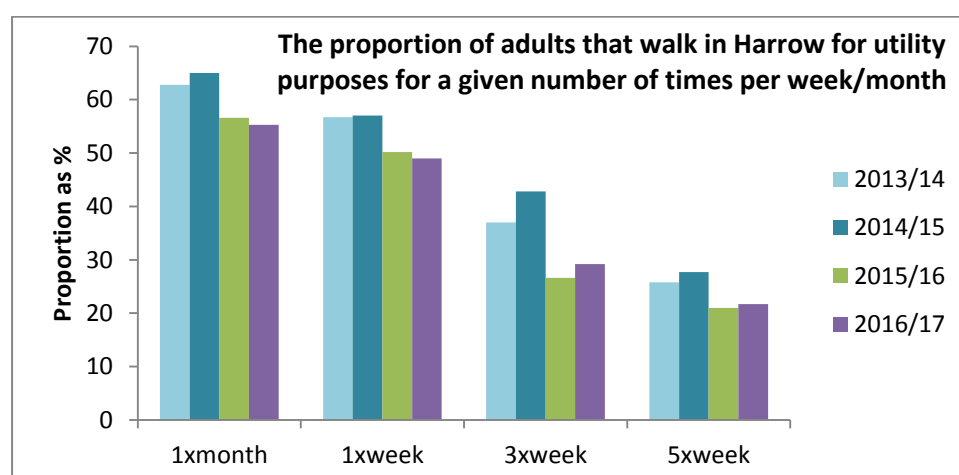
The Harrow Borough profile 2017, evidenced that in Harrow the proportion of residents regularly undertaking active travel (walking and cycling) is below the London average. Walking and cycling for utility statistics in Harrow, based on results from the Active Lives Survey and the National Travel Survey, are represented below in Figure 1 and 2 for the years 2015/16 and 2016/17. Utility refers to cycling and walking for purposes of getting from A to B, and therefore for reasons other than recreational purposes<sup>4</sup>.

The trend of data in Figure 1 and 2 suggests that levels of cycling for 'utility' purposes have increased by a small percentage and that walking for 'utility' purposes has decreased for all the levels of walking once a month up to 5 times a week.

**Figure 1**



**Figure 2**



<sup>3</sup> Active Lives survey accessed at Sport England 2/5/19 - <https://activelives.sportengland.org/Result?queryId=19765>

<sup>4</sup> <https://data.london.sport.org/dataset/borough-physical-activity-and-sport-profiles> Harrow - Physical Activity and Sport Borough Profile (Sept 2016) accessed 2/5/19

## **Harrow Indoor Facilities Review 2017**

A full review of Harrows Indoor Sports Facilities was commissioned by the Sports Development team within Harrow Council and broadly concluded that demand exceeds supply in the borough for swimming pools, sports halls, artificial grass patches and gymnastic facilities. The report stated that there is a clear need to modernise, maintain and refurbish venues in the borough. The recommendations also state that the council should work with all sport and leisure partners going forward and consider lower income groups and areas of the borough with fewer facilities such as South Harrow. The full report and action plan can be found here:

<http://www.harrow.gov.uk/www2/documents/s153070/Appendix%201%20-%20Harrow%20Indoor%20Facility%20Strategy.pdf>

## **Active Harrow survey of residents (2017 and then repeated in 2019)**

A survey to gain insight into the barriers to exercise and also the types of exercise people found attractive in Harrow was administered in 2017 across the borough and a further push was given in 2019 to organisations and people in the South Harrow wards (Roxeth, Roxbourne and Rayners Lane) which we know is an area which has more people who are less active.

Almost all of the respondents (231, 90%) were interested in being more active. The most common reason for lack of physical activity was cited as lack of time and cost, closely followed by work pressures and lack of motivation. Distance to opportunity (48, 19%), accessibility (48,19%), health issues (42, 16%), lack of facilities (43,17%), lack of options (45,18%) and lack of group activity (30,12%) were also a few reasons cited for not getting enough physical activity. A small minority of the respondents wanted the safety issues to be resolved (14, 5%). The most preferred location for physical activity was Parks (142, 55%), followed by sport centres (120,47%), place of work (101,39%), schools (85,33%), private venues like gyms and clubs (76,30%), faith groups (54,21%) and local streets (48,19%). Some women preferred ladies only events and some activities which can be done with children.

## **Consultation on inactive groups use of Harrow Leisure Centre sand Byron Park**

As part of the planned regeneration of the Byron Quarter in Harrow a qualitative piece of research was undertaken to gain insight on any emotional and/or physical barriers that prevent people to access Harrow Leisure Centre and Byron Park. The focus groups and interviews also discussed the emotional and/or physical barriers that make people inactive (less than 30 minutes a week). The research targeted the groups we know in Harrow are less active.

Respondents talked about affordability and lacking in confidence to take part being barriers to using the facilities, although many talked about liking the social aspect of sports activities. A key theme was people not knowing about what was going on at the leisure centre in terms of activities. Both exercise and physical activity are seen as “not for people like me” amongst inactive participants and the report gave some important suggestions on how to promote and describe activities positively going forward.

## **Harrow Obesity Strategy Review 2019**

The Obesity Needs Assessment 2013 and Strategy 2014 are also due for a review in the Autumn 2019 and will work in synergy with the Active Harrow Strategy. As part a strong and robust obesity pathway we will continue to support and promote access to physical activity opportunities in Harrow to help people achieve and maintain a health weight.

## Summary of a review of Harrow Physical Activity and Sports Dashboard 2016-2019

The Active Harrow Group developed an action plan in the form of a dashboard to demonstrate and monitor what we have achieved against the areas on the strategy. Below are some data demonstrating what we have achieved since 2016 under each of the key outcomes as headings and below that in [blue are the proposed indicators for the dashboard going forward in 2020-24](#):

### *More people will take up active travel, walk and cycle more:*

#### Walking for Health

Our Walking for Health programme has gone from strength to strength in the last 5 years. Public Health has invested resources to expand the walks across the borough, train more volunteer walk leaders, and to specify a clear pathway to walks from primary care and NHS Health Checks for less active people in Harrow so that the programme has a clear recommendation from GPs. We have also been part of a London Sport pilot to target people using Facebook advertising and support them to attend a walk. The scheme is run and each walk is led by a strong team of volunteer walk leaders who give time each week and are vital to the programme..

The number of walks has increased from 14 in 2015 to 21 open walks and 3 private walks (for group such as parents after school). There are now more walks associated with GP surgeries in areas where we know we have more residents struggling to do half an hours physical activity a day.

The number of walkers taking part in the walks scheme has increased between 2016 from 209 to 352 in April 2018 and to 296 in April 2019. The slight decrease is likely due to a reduction in capacity in Public Health and is shown in Table 1.

Table 1 The number of new walkers taking part in the Walking for Health programme Apr 16 – Dec18					Indicator status  <b>GREEN</b>
Target: to have 100 new people each year					
	April 15/16	Apr 16/17	Apr 17/Mar 18	Apr 18/Dec 19	
New walkers		209	↑ 352	296	

Table 2 The number of targeted walk programs for priority groups and areas Apr 16 – Mar 2019				Indicator status  <b>GREEN</b>
Target: To maintain 20 walks by March 2019				
	Apr 16/Mar 17	Apr 17/Mar 18	Apr 18/Dec 18	
Targeted Walks	20 (6 new walks set up since April 2016)	20	↑ 21 public walks and 3 private	

#### [Dashboard indicators 2019 2024:](#)

- To maintain the current level of walks (21) and walkers (250 a year)
- To continue to promote walks to our target groups and in lower income areas and as part of a universal physical activity pathway from NHS Health Checks and primary care.

## Schools and Early Years

### The Daily Mile in Primary Schools

The Daily Mile is a concept developed in a school in Scotland where every pupil and staff do 15 minutes physical activity in school every day. Public Health coordinated training for schools in 2016/17 on how to do the Daily Mile with pupils and in Harrow 17 schools took part in the training.

The Daily Mile has since been formally recommended in the Government's Childhood Obesity Strategy 2018 as an initiative to help combat children inactivity and obesity in Primary Schools and an evaluation is being carried out at London level by GLA. As the strategy goes forward we will look to support and encourage schools to deliver the Daily Mile in Harrow.

Table 3 The number of schools taking part in “Daily Mile” Apr 16 – Dec 18				Indicator status  <b>AMBER</b>
Target: To have 20 trained and delivering a Daily Mile initiative by March 2019				
	<b>Apr 16/17</b>	<b>Apr 17/Mar 18</b>	<b>Apr 18/Dec 18</b>	
<b>Number of Schools</b>	15 trained	17 trained (in total)	↔ 17 trained(in total)	

### Healthy Schools London

Since 2016 number of schools in Harrow signed up to the Healthy Schools London award who have a policy on physical activity on how it will be promoted to parents, staff and pupils have nearly doubled.

Table 4 The number of schools with a HSL award and Physical Activity Policy Apr 16 – Dec 18 * dashboard outcome changed to Bronze, Silver & Gold  Target To have 40 schools with the HSL by March 2019				Indicator status  <b>GREEN</b>
	Apr 16/17	Apr 17/Mar 18*	Apr 18/Dec 18	
Number of Schools	35 bronze	58	↑ 63	

### Early Years Settings

Early years settings in Harrow have been offered the Busy Feet Training which trains them on how to promote 3 hours a day of physical activity to the under 5s. When we developed the strategy we did not measure how many were trained but since then we have trained 117 settings and we are completing an evaluation in 2019 on how this has been implemented into practice

Table 5 The number of early years settings supported to promote physical activity (3 hours per day)				Indicator status  <b>GREEN</b>
	<b>Apr 16/17</b>	<b>Apr 17/Mar 18</b>	<b>Apr 18/Dec 18</b>	
<b>Number of EY</b>	Not measured	44	↑117	

#### Dashboard indicators 2019-2024

- Number of schools delivering the 'Golden Mile' (and number of children recorded)
- Number of NEW schools with a HSL award and a physical activity policy (Bronze, silver or gold)
- Number of early years settings supported to promote physical activity (3 hours per day) and a full evaluation completed of the impact of training

#### *More people access leisure services that are affordable:*

##### Harrow Leisure Centre

Below in Table 6 the data shows the number of people who have been accessing Harrow Leisure Centre from the groups. It includes several of the groups known to be more at risk from a lack of exercise. The Exercise on referral programme which is for people with long term conditions or obesity has seen a drop in numbers and the leisure centre is working closely with Public Health and primary care to try and increase the activity.

Table 6 Number of people accessing Harrow Leisure Centre from the below groups						Indicator status  <b>GREEN</b>
	Swimming 60+	Ladies BAME	Service w/disability	Exercise on Referral at Everyone Active and Aspire	HCS corporate membership	
<b>Apr 16/17</b>	37945	8154	3807	1375	280	
<b>Apr 17/Mar 18</b>	42265	8695	4156	675	413	
<b>Apr 18/Mar 19</b>	46489	9821	8292	571	311	
<b>Target for 18/19</b>	39600	6600	4620	1400	250	
<b>Target for 2019-24</b>	33600	6000	4550	tbc	250	

#### Dashboard indicators 2019 2024

- To continue to monitor the services against the above targets and use the Active Harrow group to support access to leisure services.
- To review the uptake of Exercise on Referral since the introduction of the NHS Health Checks pathway to the service in March 2019.
- To monitor the impact of the introduction of a cost for 60+ swimming in 2019.



- To review available data on the existing leisure services in preparation for the new contract negotiations in 2021.

### ***More people will access parks, green spaces and growing areas:***

In our strategy we committed to ensure parks are maintained and promote their use for physical activity for everyone. The measures that we put in place in the dashboard were to ensure that parks had facilities that supported people to be active. Firstly we pledged that maintenance issues are monitored and dealt with to residents' satisfaction and that the level of complaints decreases. Since 2016 all complaints about parks have been responded to within 15 days and levels of complaints have been maintained as low.

At the start of the strategy we had 1 Multi Use Games Areas in green spaces in Harrow and now this has increased to 3 which is on track for our target. The number of park user groups has increased from 20 to 23 (The target for March 2019 was 20 so we have exceeded that) and there is now a Harrow Park Forum to provide a place that groups can be supported. We have had one new Outdoor Gym and the other 26 gyms have been maintained which means we have exceeded the target of 25.

Indicator status
<b>GREEN</b>

### **Dashboard indicators 2019 2024**

- To develop an audit of council provided play spaces for children and review access to play space in Harrow
- To deliver Council's Outdoor Sports Pitch Strategy (improvements to pitches, changing facilities, and installation of 3G grass pitches as follows:
  - Installation of the 3G Artificial Grass Pitch at Bannister Sports Centre by September 2020
  - the 3G pitch has a development plan for the Football Foundation that will have to be delivered with partners.
  - Completion of improvements to grass pitches by September 2021
- To maintain number of newly developed MUGA's and outdoor gyms
- To maintain number of new park user groups and expansion of existing ones with new users

### ***More people from priority communities take up sport:***

#### **Programmes in Parks**

We know from our local survey that residents want physical activity opportunities locally and specifically in their local parks. We are committed to promote various sport and leisure development programmes and sports club initiatives in Harrow and below is a summary of the indicators 2016-20 and then more detail on what was delivered.

Active Harrow Targets 2016-20	Indicator status <b>GREEN</b>
To deliver the 'Fitness in Our Parks' programme by March 2017	
Engage minimum of 30 participants in the 10 week 'On Your Marks' disability project – funding only until March 2017 (Achieved 67)	



Promote 'Sportivate' projects – until March 2017	
Our Parks programme running in South Harrow 2019	

## Sportivate

Sportivate is a £56 million Lottery funded London 2012 Legacy project that gave more young people the chance to discover a sport that they love. The programme ended in 2018 and was aimed at 11-25 year-olds access to six-to-eight weeks of free or subsidised coaching in a range of sports.

- In 2016 - 2,597 participants took part in Sportivate projects in Harrow
- In 2017 – 2,947 participants took part in Sportivate projects in Harrow

## On Your Marks

On Your Marks – was an exciting new disability sports programme that took place across West London, in which disabled adults had more of an opportunity to take part in sporting activity. The project was in partnership between Harrow Council's Sports Development team, Brentford FC Community Sports Trust, Pro-Active West London (known as London Sport) and Everyone Active. In 2017, 67 registered adults took part in a 3 sport activity programme, which then became an established 'Active Friday Club'.

## Fitness in Our Parks

Fitness in Our Parks – working in partnership with Our Parks, who are the leading free exercise provider across London. Our Parks delivers an extensive range of activities and ensures that all classes, regardless of workout intensity, are accessible to all members of the community and held at a variety of times throughout the day and week to ensure maximum participation.

- In 2017 across 4 parks in Harrow, a total of 267 participants attended the sessions over a 10 week period.
- Currently in 2019 sessions are being held at Newton Farm West and Roxeth Recreation ground for a 15 week projects.

## London Youth Games

Team Harrow's entry for young people aged 7 to 17, competing in 30 sports against 33 London boroughs.

- 2016 :
  - 508 participants took part
  - 244 males & 264 females
  - 81% participants registered living in deprived area of Harrow
  - 34 sports entered
- 2017 :
  - 584 participants took part
  - 303 males & 281 females
  - 88% participants registered living in deprived area of Harrow
  - 32 sports entered

- 2018 :
  - 529 participants took part
  - 257 males & 272 females
  - 87% participants registered living in deprived area of Harrow
  - 27 sports entered

### Satellite Clubs

Satellite Clubs establish links with clubs to schools, colleges and other community settings to create opportunities for children and young people aged 14-19 to participate in regular sport or physical activity.

- 2017 : £13,540 invested in 8 providers
- 2018 : £9950 invested in 3 providers

### Working in partnership to build capacity

Wider Active Harrow member events are events which sports clubs and physical activity providers are invited to get advice and support and since 2016 there have been the following:

2016 – 27 people attended workshop held by Active Harrow

2017 – 18 people attended workshop held by London Sport

2019 – we have an event planned on 30<sup>th</sup> Sept where national and regional funders will offer support to local clubs to increase capacity and resources.

In 2015 / 2016 CSPAN funding (£50k transformation fund) was used to develop projects submitted by the Active Harrow wider group to support themes relating to:

1. female participation
2. disability sports
3. health & physical activity
4. club, coach & workforce development.

As a result of this 12 projects in Harrow received funding.

We had a major funding bid to Sport England in 2017 for the Local Delivery Pilots which was a partnership between the council and several Active Harrow members. This bid was not successful but we got feedback that it was one of the bids that just missed out and consequently London Sport have been giving support to the Active Harrow group to adopt some of the principles in the bid in South Harrow. To develop this a South Harrow sub group has been established.

As part of the South Harrow sub group Active Harrow partners have been working together on the Grange Farm estate to develop an approach for school holidays which has combined offering food to combat holiday hunger issues in children with providing team activities

including sport. This has been possible with the support of community organisations Roxeth Christ Church and My Yard.

A bid was made by Watford FC Community Trust to the London Together Fund in 2019 for over 55s using the model for an existing programme. The bid used the results of the survey we did as part of the strategy work and the results of the bid have not yet been announced.

Public Health has partnered with the Housing team since January 2019 to offer free Tai Chi twice a week to council housing tenants in a community centre in South Harrow. The emphasis is on the social aspect of the sessions with refreshments provided afterwards and the benefits tai chi has for wellbeing, strength and general fitness are also promoted.

Public Health have also partnered with Watford FC to deliver a pilot 12 week weight management programme which promotes keeping active and has been delivered at multiple locations including in South Harrow and at Cedars Community Centre. So far over 100 people have taken part and a full evaluation will be included in the Obesity Strategy Review which will be presented to the Health and Wellbeing Board in the Autumn 2019.

### Adult Learning

As part of partnership working of the group we have captured the aspects of the Adult learning programme that promote being active and worked together to ensure we maximise all opportunities to promote and link with Adult Learning courses.

Adult Learning indicators 2016-19	Status 18/19
b) Number of people joining a dance course	Green - 468
c) Number of people joining a general exercise class including Yoga and fitness	Green -287
d) Number of older learners joining health and exercise course	Green -410
e) Number of disabled people accessing the para dance sessions	Green -40

### Communications

While many of our opportunities are well attended there are still people who do not access physical activity opportunities even when they are free and open to everyone.

Previously we have worked on developing a website on the council pages and monitored clicks on the website. Activity on the website has dropped in the past year largely as we have had less resource to spend on promotional activities. As part of the Active Harrow Strategic Group we have committed to developing a communications plan with support from the Communications Team. We have spoken with residents about what they want and will use the Active Harrow partners to help get the message particularly to our target areas. We do not have the resources we have had in previous years to spend on communications due to reductions in the Public Health budget, but we will be using all capacity we have to try and make opportunities more widely accessed.

### Dashboard indicators 2019-2024

- To evaluate the Tai Chi programme offered to council tenants in 2019
- To develop an approach building on community assets for South Harrow and monitor this reporting to the main group
- To develop a clearer relationship with the Wider Active Harrow Members going forward

- Number of partners in funding bids or partner projects that contribute to strategy objectives
- Number of programmes delivered in parks and number of people taking part
- Number of people joining a dance course
- Number of people joining a general exercise class including Yoga and fitness
- Number of older learners joining health and exercise course
- Number of disabled people accessing the para dance sessions
- A joint communication plan will be developed for the Active Harrow Strategy Review which looks at the Get Active directory, council website pages and the promotion of physical activity and sports opportunities in Harrow
- To monitor number of clicks on [tharrow.gov.uk/getactive](http://tharrow.gov.uk/getactive)

## Physical Activity in Social Care

We committed to promote physical activity through social services; in care homes and domiciliary care and Una Taylor has attended the Active Harrow group. Since the strategy started we have begun sitting netball in 16 care homes. A pilot of sitting exercises is being run in partnership with the Disability Foundation which will be rolled out further if it is successful. The feasibility of walks in care homes were investigated but this proved not possible as staff needed to attend the walk and this meant shortage of staff left in the care home.

### Dashboard indicators 2019-2024

- To record the number of participants in sitting netball
- To develop more the physical activity opportunities in care homes

## *Harrow council to support other employers to have healthier staff*

### London Healthy Workplace Charter

In the strategy we committed to achieve London Healthy Workplace Charter (LHWC) level excellence by March 2017. Since 2016 Public Health team has had significant reduction in capacity due financial savings and so it has not been possible to achieve excellence level, and the commitment level is still in place. In Harrow two other employers are registered to be working towards the LHWC , organisations can use support from the Greater London Authority if they wish to work towards any of the levels within the LHWC accreditation and Public Health can support them by promoting the universal physical activity options available.

We have completed one health impact assessment on a council Regeneration project and much of the schedule of regeneration within Harrow has now been put on hold. Public Health is working with Planning team to develop an approach to assess health impacts as part of the approach in the new Harrow Local Plan.

### Dashboard indicators 2019-2024

- To develop a council webpage offering support to workplaces who wish to sign up to the London Healthy Workplace Charter
- To develop a process in partnership with the planning team for Health Impact Assessments to be carried out on major developments

## *More people will use active transport*

### Active Travel

Active Transport measure 2016-20	18/19	Status
To decrease the amount of car journeys to and from the civic centre	We have 10 pool cars available for staff to use. We are running an e-bike trial with West Trans. There are 5 pool bikes available and 1 allocated to Parking enforcement. The first trial of 6 months ended in December the current one started in March and will end in September.	Red/Amber
To implement a programme of behaviour change to encourage the uptake of sustainable transport	The Wealdstone Liveable Neighbourhoods was submitted to TFL in November 2018. This bid was to radically change the transport provision in Wealdstone to promote active travel. The bid was not successful but the transport team has been encouraged to resubmit it in partnership with Public Health in November 2019.	Red/Amber
To develop the Harrow Council Travel Plan and implement the measures and achieve outcomes	We have 10 pool cars available for staff to use.	Red/Amber
<p>The reduction each year of the overall proportion of children travelling to school by car (annual survey-schools/travel planning)</p> <p>Baseline 2015/16 25% (School Travel surveys)</p> <p>March 2019 target 28%</p>	23%	Green
More people will use active transport	The Wealdstone Liveable Neighbourhoods was submitted to TFL in November 2018. This bid was to radically change the transport provision in Wealdstone to promote active travel. The bid was not successful but the transport team has been encouraged to resubmit it in partnership with Public Health	Red/Amber
b) Deliver a minimum of 3 initiatives per year for schools	3 completed	GREEN
c) Deliver school travel plan workshops and increase the number of schools with STARS accreditation	The number of Accredited schools at Gold and Silver level has increased. As of August 2018 we	GREEN

	<i>have 39 accredited schools and a total of 44 schools engaged on the STARS programme</i>	
d) Deliver 3 business/community engagement events per year	<i>Due to an extension in the remit of the Transport and Highways team which has meant some resourcing issues 3 separate events has not been possible. One event was attended and information disseminated about travel planning in March 18 which was attended by over a 100 Harrow Businesses and it is planned this will happen again in 2019.</i>	<b>Amber</b>

#### Dashboard indicators 2019-2024

- Deliver 3 business/community engagement events relating to Sustainable Travel per year
- To submit the Liveable Neighbourhoods bid following support from TFL for the Wealdstone area and in consultation with Public Health
- Deliver school 2 travel plan workshops a year and increase the number of schools with STARS accreditation
- Deliver 3 promotional events relating to the reduction of emissions from traffic and good Air Quality